



## ABOUT ME

I am hard working and a fast learner. I am willing to work without supervision. I am eager to learn and grow. I enjoy my time with children and always strive to do my best.

## CONTACT



087 427 7331



moyovirgina40@gmail.com



Kraaifontein Wallacedene

## PERSONAL

Nationality: Zimbabwean

Religion: Christian

Marital Status: Single

Children: 2

Liscence: No

## LANGUAGES

- English



# Virginia

NANNY HOUSEKEEPER AUPAIR

## CERTIFICATES

NANNY AND HOUSEKEEPER

NIGHT NANNY

AUPAIR

TODDLER CARE AND DEVELOPMENTAL MILESTONES

NEWBORN CARE AND DEVELOPMENTAL MILESTONES

NIGHT NANNY

## DUTIES

- LAUNDRY
- IRONING
- SWEEPING
- MOPPING
- DUSTING
- CHANGING NAPPY
- FEEDING BABY
- BATHING BABY



THIS CERTIFIES THAT

Virginia 

successfully completed


# NEWBORN CARE & DEVELOPMENTAL MILESTONES

## Covering the following Subjects:

- Newborn care involving: Physical presentation of a Newborn ( Fontanelle, Vernix, Lanugo)
- Newborn reflexes: ( Moro reflex, sucking reflex, startle reflex, stepping reflex etc ) & milestones
- Newborn Sleep safety, side or back sleeping to prevent choking and SIDS
- Newborn cord care and Bathing
- First Meconium stool
- Newborn Bottle feeding
- Newborn breast feeding: Foremilk vs Hindmilk
- What Is SIDS and what are the World Health Organizations guidelines on how to prevent it?

Student No: NRCT202501520

Id/Passport No: 

Director:   
M Walters (Train My Helper- SA )

Awarded Date: 03<sup>rd</sup> May 2026



THIS CERTIFIES THAT

Virginia Helena

successfully completed

# TODDLER CARE & DEVELOPMENTAL MILESTONES

Covering the following Subjects:

- . Milestone Development of Toddlers
- . Activities and creative activities to facilitate
- . Food allergies and intolerance
- . Positive discipline techniques
- . Teething
- . Successful Potty training
- . Daily diary, medicine and incident reports

Student No: NRCT20241343

Id/Passport No: 

 Director:



M Walters (Train My Helper- SA )

Awarded Date: 03<sup>rd</sup> May 2026



THIS CERTIFIES THAT

Virginia H


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# CHILDMINDER ETIQUETTE AND INTERVIEW PROTOCOL

## Covering the following Subjects:

- . Personal Hygiene
- . General Presentation
- . Different personality types within the Employment and the home
- . Introverts vs Extroverts
- . Interview do's and don'ts
- . Childcare etiquette and safe ways to handle children
- . Interview tips and skills during job interview

Student No: NRCT202401252

Id/Passport No: 

 Director:



M Walters (Train My Helper- SA )

Awarded Date: 03<sup>rd</sup> May 2026



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**NIGHT NANNY**

**Covering the following Subjects:**

Infant/ Newborn care (Night Nursing); Bottle feeding; First foods; Colic/ Reflux; Sleep routine/Bathing & changing; Infant Tummy time; Milestone Development; Fever; SIDS; Health & safety in & around home; Children's safety informative session, Health/ personal Hygiene; Cord cleaning, Infant holding/feeding positions, physical characteristics of a Newborn

Student No: NRCT2025185

Id/Passport No: 

 Director:



M Walters (Train My Helper- SA )

Awarded Date: 03<sup>rd</sup> May 2026



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# NANNY & HOUSEKEEPING

## Covering the following Subjects:

First foods; Colic/ Reflux; Sleep routine/Bathing & changing; Infant Tummy time; Toddler care; Childcare; Potty training, Developmental Stimulation; Milestone Development; Time-out; Tantrums; Fever; SIDS; Health & safety in & around home; Children's safety informative session, Health/ personal Hygiene; Housekeeping tips & Detergents; Interview tips; Labour law/ Basic Conditions of Employment, Work etiquette, shopping lists, routine and roster

Student No: NRCT202507197

Id/Passport:  21709008

Director:   
M Walters (Train My Helper- SA )

Awarded Date: 03<sup>rd</sup> May 2026



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**AUPAIR**

Covering the following Subjects:

Meals; The role of an Au pair, shopping lists ; Homework supervision; Extra-mural activities and appointments, assisting parents in the home such as with admin, playtime and educational games with children, maintaining children's areas and keeping it tidy, preparing children for school, driving children around, holiday care assistance; Positive discipline; Tantrums; SIDS; Health & safety in & around home, Health/ personal Hygiene; ; Interview tips; Labour law/ Basic Conditions of Employment, Work etiquette, shopping lists, general duties, medicine form

Student No: NRCT2024522

Id/Passport No: 

 Director:



Awarded Date: 03<sup>rd</sup> May 2026

M Walters (Train My Helper- SA )